

## ENROLMENT FORM

# International Certificate in Basic Selfcare (BKP 101)

**Sunday/Monday 14/15 January 2018**

**What You Will Learn in this fascinating two day seminar:**

- History and philosophy of Kinesiology and Energy Balancing
- Increase your capacity for emotional self-regulation with powerful neuro-emotional points
- Emotional Intelligence: Master intense emotions and reframe any difficult situation
- Learn how to control and even stop consistent worry, anxiety and persistent fears
- Increase your energy and vitality with meridian and energetic meridian crystal massage
- Flush out toxins from the lymphatic system to reduce physical pain & sluggishness
- Remove all stress from your facial muscles and look and feel 7 years younger!!
- Learn "Whole Body Testing" and get answers from your innate intelligence
- Simple Brain integration techniques to boost your creativity, productivity and energy.
- Emotional Stress Release Technique (E.S.R): this technique is truly life changing and increases your ability to handle stress/challenges/deadlines/difficult situations. It can also be used to balance past traumas/shock/stress – deal with present overwhelm – balance yourself to any future event/performance to excel. This technique alone is worth the course fee!!
- *Fun - Inspiration – Student Centred Learning – Hands on practice of all techniques*

**Extra bonus: FREE 90 minute kinesiology balance in our supervised student clinic on Saturday 18 November at 11.00 am**

---

**Trainer:** Katha Jones, K-Power™ Instructor, ICPKP Senior Faculty, TFH Instructor/Assessor, Kinesiopractor®, Kinesiology Specialist Practitioner (AKA: level 6), AKA accredited Mentor / Clinical Supervisor

**Venue: Oran Park Smart Work Hub, Level 2, 351 Oran Park Drive 2570**

Course times: 9.00 am – 6.00 pm

Investment: \$ 565

Buddy discount: SAVE \$ 25 enrol with a friend/colleagues/buddy: \$ 540 pp

Enrolments close 20 December. Small class size to ensure fast & fun learning.

## ENROLMENT FORM

**Contact: Katha Jones: (02) 4648 0505, [www.iikinesiology.com](http://www.iikinesiology.com)**

Name:.....

Address:.....

Mobile: .....

Email:.....

Please submit the enrolment form to [office@iikinesiology.com](mailto:office@iikinesiology.com) & transfer your payment: **account Number: 96916 (SCU), account name: Katha Jones, BSB: 802084. reference: BSC+ your name.** Please send us a confirmation email to [office@iikinesiology.com](mailto:office@iikinesiology.com) , so we can track your payment and issue your tax invoice.

We look forward to meeting you at this life changing workshop in Oran Park in June.

Yours in Kinesiology,

*Katha Jones*